



Anne Greaney, Jill Mackay, and Cindy Somers received their awards at the Mental Health Association's annual meeting dinner.

Honoring our 2009 Volunteers of the Year

At the Annual Meeting dinner in December, the Mental Health Association announced its 2009 Volunteer of the Year award recipients: Anne Greaney, Jill Mackay and Cindy Somers. These three outstanding volunteers help fulfill our mission of providing support and advocacy to anyone affected by mental illness. Their dedicated efforts help reduce the stigma of mental illness and make a positive difference in the lives of many members of our community.

Anne Greaney has served on our Board of Directors for two years. She is a member of MHA's Education Committee and the NAMI (National Alliance on Mental Illness) Steering Committee, and helps teach the NAMI Family-to-Family education courses. Jill Mackay has been involved with the Mental Health Association for over ten years. She teaches many of the Family-to-Family education courses, volunteers with the Psychiatric Health Facility and serves on the board of another organization that serves those with mental illness. Cindy Somers has been a member of the Board for five years and also serves on the Education Committee. She has helped teach "Mental Health Matters," MHA's curriculum for 6th grade students in the Goleta Elementary School District that helps the students achieve an understanding and compassion for those with mental illness. ☺